

Subject code:	1NR1010401
Subject Title:	Community Health Nursing-II
Pre-requisite:	----- NA-----

Course description:

This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural settings by using concept and principles of health and community health nursing

Teaching Scheme (Total Hours)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Total Hours	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
90	-	135	225	75	25	50	50	200

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	4	Define concepts, scope, principles and historical development of Community Health and community health Nursing	Introduction - Definition, concept & scope of Community Health and Community Health Nursing - Historical development of Community health - Community health Nursing. - Pre-independence - Post-independence	Lecture discussion	- Essay type - Short answers
II	6	Describe health plans, policies, various health committees and health problems in India	Health planning and policies and problems - National health planning in India- Five Year Plans - Various committees and commissions on health and family welfare - Central council for health and family welfare (CCH and FW) - National health policies (1983, 2002) - National population policy - Health problems in India	- Lecture discussion - Panel discussion	- Essay type - Short answers
III	15	Describe the system of delivery of community	Delivery of community health services Planning, budgeting and	- Lecture discussion - Visits to various health delivery systems	- Essay type - Short answers



		health services in rural and urban areas • List the functions of various levels and their staffing pattern • Explain the components of health services • Describe alternative systems of health promotion and health maintenance. • Describe the chain of referral system	material management of SCs , PHC and, CHC • Rural: Organization, staffing and functions of rural health services provided by government at: • Village • Sub centre • Primary health centre • Community health center / sub divisional • Hospitals • District • State • Center • Urban: Organization, staffing and functions of urban health services provided by government at: • Slums • Dispensaries • Maternal and child health centers • Special Clinics • Hospitals • Corporation /Municipality / Board • Components of health services • Environmental sanitation • Health education • Vital statistics • M.C.H.-antenatal, natal, postnatal, MTP Act, female foeticide act, child adoption act • Family Welfare • National health programmes • School health services • Occupational health • Defence services • Institutional services • Systems of medicine and health care • Allopathy • Indian System of Medicine and Homeopathy • Alternative health care	• Supervised field practice • Panel discussion	
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			systems like yoga, meditation, social and spiritual healing etc • Referral system		
IV	25	• Describe Community health Nursing approaches and concepts • Describe the roles and responsibilities of Community health nursing personnel	Community health nursing approaches, concepts and roles and responsibilities of nursing personnel • Approaches • Nursing theories And Nursing process • Epidemiological approach • Problem solving approach • Evidence based approach • Empowering people to care for themselves • Concepts of Primary Health Care: • Equitable distribution • Community participation • Focus on prevention • Use of appropriate technology • Multi-sectoral approach • Roles and responsibilities of Community health nursing personnel in • Family health services • Information Education Communication (IEC) • Management Information System (MIS): - Maintenance of Records & reports • Training and supervision of various categories of health workers • National Health Programmes • Environmental sanitation • Maternal and child health and Family welfare • Treatment of Minor ailments • School Health Services • Occupational Health • Organization of clinics,	• Lecture discussion • Demonstration • Practice session • Supervised field practice • Participation in camps • Group Project	• Essay type • Short answers



			camps: Types, Preparation, planning, conduct and evaluation • Waste management in the center, clinics etc. Home visit: Concept, Principles, Process, Techniques: Bag technique home visit Qualities of Community Health Nurse Job Description of Community health nursing personnel		
V	15	• Describe and appreciate the activities of community health nurse in assisting individuals and groups to promote and maintain their health	Assisting individuals and groups to promote and maintain their health Empowerment for self care of individuals, families and groups in A. Assessment of self and family • Monitoring growth and development Mile stones Weight measurement Social development • Temperature and Blood pressure monitoring • Menstrual cycle • Breast self examination and testicles • Warning Signs of various diseases • Tests : Urine for sugar and albumin, blood sugar B. Seek health services for • Routine checkup • Immunization • Counseling • Diagnosis • Treatment • Follow up C. Maintenance of health records for self and family D. Continue medical care and follow up in	• Lecture discussion • Demonstration • Practice session • Supervised field practice • Individual / Group / Family/ Community Health Education	• Essay type • Short answers



			community for various diseases and disabilities E. Carryout therapeutic procedures as prescribed! required for self and family F. Waste Management • Collection and disposable of waste at home and community G. Sensitize and handle social issues affecting health and development for self and family • Women Empowerment • Women and child abuse • Abuse of elders • Female Foeticide • Commercial sex workers• Old age homes • Orphanage Food adulteration • Substance abuse H. Utilize community resources for self and family Trauma services • Old age homes •Orphanage •Homes for physically and mentally challenged individuals •Homes for destitute		
VI	20	• Describe National Health and Family Welfare Programmes and Role of Nurse • Describe the various health schemes in India	National Health & Family Welfare Programmes and the Role of Nurse 1.National ARI Programme 2.Revised National Tuberculosis Control Programme (RNTCP) 3.National Anti-Malaria Programme 4.National Filaria control Programme 5.National Guinea worm eradication Programme 6.National Leprosy	• Participation in National Health Programmes • Field Visits • Lecture, Discussions	• Essay Type • Short Answers



			Eradication Programme 7.National AIDS Control :Programme 8. STD control programme 9.National programme for control of blindness 10.Iodine deficiency disorder programme 11. Expanded programme on Immunization 12.National Family welfare Programme-RCH Programme historical development, organization, administration, research , constraints 13. National water supply and sanitation programme 14.Minimum Need programme 15. National Diabetics control Programme 16.Polio Eradication :Pulse Polio Programme 17.National Cancer control programme 18.Yaws Eradication programme 19.National nutritional anemia Prophylaxis Programme 20.20 Point Programme 21.ICDS Programme 22.Mid-day Meal Applied Nutritional Programme 23. National Mental Health Programme Health Schemes -ESI -CGHS -Health Insurance		
VII	5	• Explain the roles and functions of various national and international health agencies	Health Agencies International - WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC), Red cross, USAID, UNESCO,	• Lecture discussion • Field visits	• Essay Type • Short Answers



			Colombo Plan, ILO, CARE etc. National - Indian Red Cross, Indian Council for child welfare, Family Planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kusht Nivaran Sangh, Central Social Welfare Board, All India women's conference, Blind Association of India etc.		
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Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
Community Health Nursing	1 Weeks urban and 4 Weeks rural	• Identify community profile • Identify prevalent communicable and non-communicable diseases • Diagnose health needs of Individual, families and community • Plan, provide and evaluate care • Participate in school health program Participate in national health programs • Organize group for self help and involve clients in their own health activities • Provide family welfare services • Counsel and educate individual, family and community • Collect Vital health statistics • Maintain Records & Reports	• Community health survey • Community diagnosis • Family care: Home adaptation of common procedures • Home visit: Bag technique • Organize and conduct clinics- antenatal, post natal, well baby clinic, camps etc • Screen manage and referrals for: • High risk mothers and neonates • Accidents and emergencies • Illnesses: Physical and mental • Disabilities - Conduct delivery at centre/home: episiotomy and suturing - Resuscitate newborn • School Health programme -Screen, manage, refer children • Collaborate with health and allied agencies • Train and Supervise health workers • Provide family welfare services: insertion of IUD • Counsel and teach individual, family and community about: HIV, TB, Diabetes, hypertension, Mental health, adolescents, elderly health, physically and mentally challenged individuals etc	• Community survey report-I • Family care study- I • Project-I • Health talk-I • Case book recording	• Assess clinical performance with rating scale • Evaluation of community survey report, family care study, project and health talk • Completion of activity record. • Completion of case book recording



			• Collect and Calculate Vital health statistics • Document and maintain • individual, family and administrative records. • Write reports-center, disease, national health programme/projects		
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Internship Duration – 4 week

Areas	Duration (in weeks)	Objectives	Skills	Assessment methods
Urban	4	Provide comprehensive care to individual, family and community	Integrated Practice and group project-I in each rural and urban	Assess clinical performance with rating scale Evaluation of project

Note: During the rural posting they should stay in health centres under the supervision of teachers