

Program Code: NR201	
Subject Code: 1NR2010106	Subject Title: (Clinical Specialty-I) COMMUNITY HEALTH NURSING
Pre-requisite	-----NA-----

Course Description

The course is designed to assist students in developing expertise and in-depth understanding in the field of Community Health Nursing. It would help students to appreciate holistic life style of individuals, families & groups and develop skills to function as Community Health Nurse specialist/practitioner. It would further enable student to function as an educator, manager and researcher in the field of Community Health nursing.

Teaching Scheme (Total Hours)				Evaluation Scheme (Marks)				
Lecture	Lab/Practical	Clinical Hours	Total Hours	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
150	-	650	800	75	25	100	100	300

Objectives

At the end of the course, students will be able to :

1. Appreciate the trends & issues in the field of Medical – Surgical Nursing as a speciality.
2. Apply concepts & theories related to health promotion.
3. Appreciate the client as a holistic individual.
4. Perform physical, psychosocial assessment of Medical – Surgical patients.
5. Apply Nursing process in providing care to patients.
6. Integrate the concept of family centered nursing care with associated disorder such as genetic, congenital and long-term illness.
7. Recognize and manage emergencies with Medical- Surgical patients.
8. Describe various recent technologies & treatment modalities in the management of critically ill patients.
9. Appreciate the legal & ethical issues relevant to Medical – Surgical Nursing.
10. Prepare a design for layout and management of Medical – Surgical Units.
11. Appreciate the role of alternative systems of Medicine in care of patients.
12. Incorporate evidence based Nursing practice and identify the areas of research in the field of Medical – Surgical Nursing.
13. Recognize the role of Nurse practitioner as a member of the Medical – Surgical health team.
14. Teach Medical – Surgical Nursing to undergraduate nursing students & in-service nurses.
15. Teach community health nursing to undergraduates, in-service nurses and the community health workers.
16. Demonstrate leadership and managerial abilities in community health nursing practice.

Course Content

Unit	Hours	Content
I	10	Introduction Historical development of Community Health and Community health Nursing- World and India, various health and family welfare committees Current status, trends and challenges of Community Health Nursing Health status of the Community-community diagnosis Scope of Community health Nursing practice Ethical and legal issues Socio-cultural issues in Community health Nursing National Policies, plans and programs • National health policy • National Population policy • National Health and welfare Programmes • National Health goals/ indicators/ Millennium developmental goals(MDG)/ Strategies • Planning process: Five year plans • National Rural Health Mission • Panchayat raj institutions
II	10	Health Concepts, issues Determinants Measurements Alternate systems for health promotion and management of health problems Health economics Health technology Genetics and health Waste disposal Eco system
III	15	Population dynamics and control Demography Transition and theories of population National population policy National population programmes Population control and related programmes Methods of family limiting and spacing Research, Census, National Family Health Survey
IV	30	Community health Nursing Philosophy, Aims, Objectives, Concepts, Scope, Principles, Functions Community health Nursing theories and models Quality assurance: Community health Nursing standards, competencies, Monitoring community health nursing, nursing audits Family nursing and Family centered nursing approach

		Family health nursing process • Family health assessment • Diagnosis • Planning • Intervention • Evaluation Nursing care for special groups: children, adolescents, adults, women, elderly, physically and mentally challenged- Urban and rural population at large Community nutrition Concept, role and responsibilities of community health Nurse practitioners/nurse midwifery practitioners-decision making skills, professionalism, legal issues
V	45	Maternal and neonatal care IMNCI(Integrated Management of Neonatal And Childhood Illnesses) module Skilled Birth Attendant (SBA) module
VI	15	Disaster nursing (INC module on Reaching out: Nursing Care in emergencies)
VII	10	Information, education and communication IEC/BCC: Principles and strategies Communication Skills Management information and evaluation system: Records and reports Information technology Tele-medicine and tele-nursing Journalism Mass media Folk media
VIII	15	Health care delivery system: Urban, rural, tribal and difficult areas Health organization: National, State, District, CHC, PHC, Sub Centre, Village - Functions, Staffing, pattern of assistance, layout, drugs, equipments and supplies, Roles and Responsibilities of DPHNO Critical review of functioning of various levels, evaluation studies, recommendations and nursing perspectives Alternative systems of medicine Training and supervision of health workers Health agencies: NGO's, Roles and functions Inter-sectoral coordination Public private partnership Challenges of health care delivery system

Practical

S.No.	Deptt./Unit	No. of Week	Total Hours
1	Sub-centre, PHC, CHC	12	360 Hours
2	District family welfare bureau	1	30 Hours
3	Urban centers	6	180 Hours
4	Field visits	3	90 Hours
	Total	22 Weeks	660 Hours

Student Activities

- Identification of community leaders and resource persons (community mapping)
- Community health survey
- Community health nursing process- individual, family and special groups and community
- Counseling
- Health education – campaign, exhibition, folk media, preparation of IEC materials
- Organising and participating in special clinics/camps and national health and welfare programmes-Organise atleast one health and family welfare mela/fair (all stalls of national health and family welfare activities should be included)
- Estimation of Vital health statistics -Exercise
- Drill for disaster preparedness
- Organise atleast one in-service education to ANM's/LHV/PHN/HW
- Nutrition – Exercise on nutritional assessment on dietary planning, demonstration and education for various age groups
- Filling up of Records, reports and registers maintained at SC/PHC/CHC
- Assist women in self breast examination
- Conduct antenatal examination
- Conduct vaginal examination
- Conduct deliveries
- Post natal visits
- Perform Episiotomy and suturing
- Prepare Pap smear
- Conduct Insertion/Removal of IUD
- Blood Slide preparation
- Field visits
- Maintenance of log book for various activities

