

Subject Code : 2CS1010207	Subject Title: Universal Human Values -I
Pre-requisite:	--

Course Objective:

This course is intended to help the students to understand the Human Aim. It is intended to help students to understand the harmony in nature, harmony in human being, harmony in Society and Harmony in family. It helps students to appreciate the ' HUMAN VALUES' ensure sustained happiness and prosperity, which are the core aspirations of all human beings.

Teaching Scheme(Hours per week)				Evaluation Scheme(Marks)			
Lecture	Tutorial	Practical	Credit	Theory		Practical	Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment
3	--	--	--	--	--	--	--

Sr. No.	Topics	Total Hours
1.	Our Common Goals - Meaning of Human Aim and Necessity to have Clarity of our shared aim of living - Inner-resolution, Prosperity, Fearlessness (Trust), Coexistence - Understanding and Resolution in Human - Relationships, Fulfillment of emotions and Prosperity in Family - System, Undividedness and Fearlessness (Trust) in Society - Mutual complementariness, inseparability and Coexistence in Nature	9
2.	Coexistence: Systems in Existence - Existence: Space and Nature - Comparative Study of Space and Unit (Nature) - Absolute Energy, Relative Energy and Activity - Classification of nature: Material and Conscious - Coexistence in Existence - Evolution, Development, Awakening-progression, Awakening - Law, Regulation, Balance, Justice, Resolution, Coexistence - Saturatedness: Activity, Pulsation, Sensitivity, Awareness - Usefulness and Complementariness in Existence - Harmonious System in Existence - Effort, Motion and Constitution in Coexistence - Effort for Effortlessness, Motion for Destination, Constitution for Immortality - Coexistence - Continuous Present - Infinity: Omnipresent Space, Infinite Nature and Continuous Time	9
3.	Nature: Matter, Plant, Animal, Human, and Natural Systems - Matter order, Plant order, Animal order, Knowledge order - Mutual Complementariness in All Four Orders	9

	• Soil, Stones, Gems, Metals • Soil: Fertile and Infertile • Stones: Hard and Un-hard • Gems: Ray-emitting and Ray-Absorbing • Metals: Hard and Soft, Electrical conductor and Insulator • Solid, Liquid, Gas • Element, Mixture, Compound • Matter Order: Activities, Intrinsic-nature, Innate-order and Conformance • Plant order: Activities, Intrinsic-nature, Innate-order and Conformance • Animal order: Activities, Intrinsic-nature, Innate-order and Conformance • Knowledge order: Activities, Intrinsic-nature, Innate-order and Conformance • Study of atom in light of system • Atom: Smallest Unit of System • Atomic Structure and Molecular Formation • Development in Atom • State and Dynamics • Force and Power • Pressure, Flow and Wave • Electromagnetic Force • Attraction, Repulsion and Responsive Attraction • Extroversion and Introversion • Place, Direction, Distance, Expansion, Dimension, Angle • Time • Study of cell in light of system • Emergence in Nature • The Environment, The Ecosystem and Balance on the Earth • Human being: Coexistence of Consciousness and Body • Physical functions • Chemical functions • Conscious functions • Recognition and Fulfillment in Physical and chemical function • Knowing and Believing in Conscious function • Imagination and Freedom of choices • Knowing, Believing, Recognizing, Fulfilling • Four aspects of an entity: Shape (Form), Effect, Intrinsic Nature, Innate order • System within and Participation in the whole	
4.	Togetherness Mindset and Healthy State of Mind • Inner harmony and Healthy State of Mind • Resolving internal conflicts • Inner Values (Jeevan Mulya): Happiness, Peace, Contentment, Pure Joy • Four dimensions of human life: Realization, Thought, Behavior and Occupation	9

	• Five situations of living: Individual, Family, Society, Nation and Global • Interrelationships and Completeness in all four dimensions and five situations of living • Understanding, Honesty, Responsibility, Participation	
5.	Relationships, Family and Emotions • Family and Fulfillment of Human aim • Family: An important place of understanding, learning and living • Necessity of Intergenerational family for fulfillment of all stages in human life • Human Behavior • Relationships and System • Living with justice in family • Human emotions: Established and Courtesy Values • Human expectations, Relationships and Fulfillment of emotions in various relationships • Basis and method of mutual-evaluation in behavior and mutual satisfaction • Family: Fundamental Unit and Basis of the System	9

Course Outcomes:

At the end of this course, the student would be able

- To understand the human Goal.
- To understand existence is co-existence.
- To understand the harmony in the Existence.
- To understand the Inner values.
- To understand the relationship. Family and emotion.

List of References:

1. R.R Gaur, R Sangal, G P Bagaria, A foundation course in Human Values and professional Ethics, Excel books, New Delhi, 2010, ISBN 978-8-174-46781-2
2. R.R Gaur, R Sangal, G P Bagaria, A foundation course in Human Values and professional Ethics – Teachers Manual, Excel books, New Delhi, 2010.
3. A Nagraj, 1998, *Jeevan Vidya ek Parichay*, Divya Path Sansthan, Amarkantak.
4. A.N. Tripathy, 2003, *Human Values*, New Age International Publishers.

E-Resources / Web Links:

- <https://www.madhyasth-darshan.info/>
- <https://mdstudentsblog.wordpress.com/>
- <http://jeevanvidya.info/>
- <https://www.youtube.com/user/mbbstudymaterial/videos>
- <https://www.youtube.com/c/JeevanVidyaShivir/videos>
- <https://shape.earth>