

Branch Name:	BACHELOR OF PHYSIOTHERAPY
Program Code:	PT101
Course Title:	ALLIED THERAPEUTICS (Basics only) (Not for University exam)
Course Code:	2PT1010207
Pre-requisite Course:	- NONE -

Teaching and Examination Scheme:

Teaching Scheme (Hours per week)			Credit	Evaluation Scheme (Marks)					
Lecture	Tutorial	Practical		Theory(T)		Practical(P)		Total Marks	
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	Theory	Practical
0.5	-	-	1	-	-	-	-	-	-

COURSE OUTCOMES :

At the end of the course the candidate will be able to

1. Comprehend the use of various allied therapeutic sciences in health care delivery

Subject Contents

Sr. No.	Topic	Hours
1	Acupuncture and acupressure: definition, principles, techniques, physiological and therapeutic effects, contraindications and dangers	02
2	Introduction to Naturopathy	02
3	Magneto therapy	02
4	Yoga Sana - pranayama and their scientific study	11
	a) Definition b) Principles of Yoga c) Yogasana- Technique, Benefits, Contraindications & cautions for each Asanas: i Asanas in supine Pawanamuktasana, Ardha Halasana, Halasana, Setubandhasana, Naukasana, Matsyasana, Shavasana, Sarvangasana ii. Asanas in prone Bhujangasana, Ardha-Shalabhasana, Dhanurasana, Makarasana iii. Asanas in sitting Padmasana, Siddhasana, Sukhasana, Yogamudrasana Virasana. Vajrasana, Gomukhasana, Pashchimottanasana iv. Asanas in standing Padhastasana, Padangusthasana, Uttanasana, Utkatasana Tadasana, Trikonasana v. Pranayama Anulom-vilom, Kapalabhati	
5	Dry Needling	02