



**SANKALCHAND PATEL
UNIVERSITY**
॥ अथातो ज्ञानजिज्ञासा ॥



Ref. /Exam/Ph. D./Notification/ 864

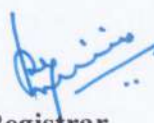
Date: 17/06/2026

Doctor of Philosophy
Notification

It is hereby notified for information of all concerned that consequent upon the reports of the referees on the thesis submitted and successful defense of Public Viva-voce by the under mentioned scholar, the University has accepted the thesis for the degree of Doctor of Philosophy in the subject and faculty mentioned below. The scholar has been declared eligible for the award of the degree of Doctor of Philosophy of this University. This Ph.D. Thesis fulfills all the criterion/conditions as per Ph.D. regulations of UGC. The Degree will be awarded in the next convocation.

	Name of the Scholar	Nariya Darshanaben Madhavjibhai
	PRN No.	W2019PHDFPT002
	Subject / Faculty	Physiotherapy, Faculty of Physiotherapy
	Title of Thesis	"Effectiveness Of Aerobic Interval Training On Sleep Quality In Participants With Obesity: A Randomized Controlled Trial"
	Name of Supervisor	Dr. Subhash M.Khatr
	Date of Registration	12-03-2019
	Date of Viva-voce	22-05-2026




Registrar

To: Nariya Darshanaben Madhavjibhai

Copy forwarded with compliments to :

1. President, SPU
2. Provost
3. Controller of Examination
4. Dean, **Faculty of Physiotherapy**
5. Director, Research & Innovation
6. Concerned Supervisor
7. IT Department – For uploading the Notice on the SPU website
8. Ph.D. Section