



**SANKALCHAND PATEL
UNIVERSITY**
॥ अथातो ज्ञानजिज्ञासा ॥



Date:08/06/2026

SANKALCHAND PATEL UNIVERSITY

National Task Force Report (March to May- 2026)

કાર્યરત હેલ્પડેસ્કની વિગતો	વિદ્યાર્થી મિત્રનું નામ તથા નંબર	માનસિક સ્વાસ્થ્ય કાઉન્સેલરનું નામ તથા નંબર	સાયકોલોજીસ્ટનું નામ તથા નંબર	સંસ્થા નજીક આવેલ રેફરલ હોસ્પિટલનું નામ અને નંબર	હોસ્ટેલ વોર્ડનનું નામ તથા નંબર	એન્ટિ રેગિંગ સેલ, સાયકોલોજી સેલ, જાતિગત ભેદભાવ સેલ, સમાન તક સેલ અને ફરિયાદ નિવારણ સેલ આ તમામ સેલની રચના થયેલ છે કે કેમ? તેની વિગતો
1) 24x7 પરીક્ષા હેલ્પલાઇન નંબર: 74900 25204 (Controller of Examination) 2) 365x7 કાઉન્સેલિંગ નિદાન અને મેન્ટલ હેલ્થ હેલ્પ લાઇન નંબર: 9586161768 / 7874833060	Mahi Panchal - 8401504710	Mr. Pathik Gheewala - 9586161768 Dr. Mosam Prajapti - 7874833060	Dr. Arpit Jani - 9725846075 Dr. Karan Shah - 7405875597	Nootan General Hospital, Sanakalchand Patel Campus, Visnagar - 384315 Dr. Pankaj Nimbalkar Medical Superintendent- 8849243651 Mr. Yogesh Borse Chief Operating Officer- 8999958588	Mr. Jadav Vadher - 7567795553 Mrs. Varshaben Raval - 8200477790	Yes, All cell copy attached in email

SANKALCHAND PATEL UNIVERSITY

National Task Force Report-2026

કાર્યરત હેલ્પલાઇન નંબર	March to May માસ દરમિયાન આવેલ ફોન કોલની સંખ્યા	ટૂંકમાં વિગત
24x7 પરીક્ષા હેલ્પલાઇન નંબર: 74900 25204 (Controller of Examination)	Nil	આ સમય દરમિયાન કોઈ ફોન કોલ પ્રાપ્ત થયેલ નથી
365x7 કાઉન્સેલિંગ નિદાન અને મેન્ટલ હેલ્થ હેલ્પ લાઇન નંબર: Mr. Pathik Gheewala - 9586161768 Dr. Mosam Prajapti - 7874833060	03	1. Student: Female, 20 years Adjustmental issues with the ongoing academic and interpersonal environment. 3 sessions taken. Treatment approach: techniques to manage anxiety and panic. 2. Student: male 20 years. Behavioral issues, 4 sessions taken. Treatment approach: psychoeducation and behaviour management techniques. 3. Student: male 19 years. Impact on mental health due to physical health disturbances. Treatment approach: discipline for fitness and medical awareness, precautionary measures and help in increasing focus on studies.

Nodal Officer,
Sankalchand Patel University,
Visnagar



Registrar,
Sankalchand Patel University,
Visnagar



National Tele Mental Health Programme of India

1. ઇમરજન્સી મા સમ્પર્ક માટે ડોક્ટરનું નામ તથા સમ્પર્ક નંબર:
Dr. Arpit Jani - 972584607, Dr. Karan Shah- 7405875597,
Nootan General Hospital, Sanakalchand Patel Vidhya Dham,
Gandhinagar Ambaji Highway Kamana Cross Road, Visnagar - 384315
2. Tele-MANAS નંબર: 14416
3. સાયકોલોજિસ્ટનું નામ તથા સમ્પર્ક નંબર:
Mr. Pathik Gheewala - 9586161768, Dr. Mosam Prajapti - 7874833060
4. વિદ્યાર્થી મિત્રનું નામ તથા સમ્પર્ક નંબર:
Mahi Panchal - 84015 04710
5. નોડલ ઓફિસરનું નામ તથા સમ્પર્ક નંબર:
Dr. J. J Patel - 99787 94696



24*7 પરોક્ષ હેલ્પલાઇન નંબર: 8238088591 Ext. 720

365*7 ખાતમહત્તા નિવારણ અને મેન્ટલ હેલ્થ હેલ્પ લાઇન નંબર: 7874833060

Sanakalchand Patel Vidhya Dham, Visnagar-384315 (Gujarat-India) | Ph: 82380 88591 / 7874833060 | info@spce.ac.in



GPS Map Camera

Visnagar, Gujarat, India

Jail Road, SPCE Campus, Visnagar, Gujarat
384315, India

Lat 23.686228, Long 72.548553

12/05/2025 03:54 PM GMT+05:30

Note : Captured by GPS Map Camera

Sankalchand Patel University

Quarterly Report on Mental Health and Suicide Prevention Helpline (24x7)

Reporting Period: 01/03/2026 to 31/05/2026

In compliance with the directions regarding students' mental health and suicide prevention, Sankalchand Patel University has established a 24x7 helpline mechanism for providing timely guidance, counselling, and support to students. The University continuously promotes awareness about mental well-being through counselling services, mentoring systems, awareness programmes, and referral support whenever required.

During the reporting quarter, the calls received on the helpline were reviewed and recorded in the prescribed register. The month-wise details are as follows:

SANKALCHAND PATEL UNIVERSITY, VISNAGAR NATIONAL TASK FORCE (NTF) DATABASE						
Sr. No.	Name of Institute	AISHE CODE	Has your organization conducted an NTF website survey?	Number of Calls/Complaints Received	Nature of Issues Reported	Action Taken
1	Nootan Ayurvedic College & Research Centre	C-71008	YES	NIL	-	-
2	Smt. S. B. Patel Institute of Business Management	C-6657	Yes	NIL	-	-
3	Narsinhbhai Patel Dental College & Hospital	C-6734	Yes	NIL	-	-
4	Smt. S.S. Patel Nootan Science and Commerce College	C-6883	Yes	NIL	-	-
5	Nootan Institute of Design & Communication	C-70785	Yes	NIL	-	-
6	Nootan Pharmacy College	C-331	Yes	NIL	-	
7	Nootan College of Nursing	C-46566	YES	NIL	-	
8	Shri C.J. Patel College of Computer Studies	C-6769	YES	NIL	-	



9	Swami Sachchidanand Polytechnic College	C -252	YES	NIL	-	
10	Nootan College of Physiotherapy	C-56034	Yes	NIL	-	
11	Nootan Homoeopathic Medical College	C-69162	Yes	NIL	-	
12	Sankalchand Patel College of Engineering	C-381	YES	NIL	-	
13	Nootan Medical College and Research Centre	C-61599	Yes	NIL	-	
14	Department of Business Management, SPCE	C-152	Yes	NIL	-	
15	Department of Computer Application, SPCE	C-384	Yes	NIL	-	
16	Boys' Hostel- A	-	-	NIL	-	
	Boys' Hostel- B	-	-	NIL	-	
	Boys' Hostel- C	-	-	NIL	-	
17	Girls' Hostel- A	-	-	NIL	-	
	Girls' Hostel- B	-	-	NIL	-	
	Girls' Hostel- C	-	-	NIL	-	
	Girls' Hostel- D	-	-	NIL	-	

Summary

- Total complaints/cases received during the quarter: **Nil**
- Total counselling sessions conducted through the helpline: **Nil**
- Cases referred for professional counselling/medical intervention: **Nil**
- Cases related to self-harm/suicidal tendencies: **Nil**

Remarks

No complaint or distress call related to mental health concerns or suicidal tendencies was reported on the University helpline during the reporting period. The University continues to maintain the helpline facility and regularly disseminates information regarding counselling and mental health support services among students.



J. J. Patel - 9978794696



Nodal Officer (Mental Health & Suicide Prevention Cell)
Sankalchand Patel University, Visnagar



Asst Dean
Students Affairs
Sankalchand Patel University